

Conference Engagements

Athletic Business Conference 2011, 2012, 2013, 2014, 2015 Presenter*

Northeast Collegiate Fitness Expo Montclair State University Montclair, NJ 2015 Keynote Speaker

Evolve! Fitness Symposium Florida Atlantic University Boca Raton, FL 2014 Keynote Speaker

NIRSA Tri-venture Fitness, Facilities, and Aquatics Institute Denver, CO 2013 Keynote Speaker

Southeast Collegiate Fitness Expo 2007, 2008, 2013 Keynote Presenter

World Spinning and Sports Conditioning Conference Miami, FL 2007, 2008, 2010, 2011, 2012, 2013, 2014 Presenter

DCAC Fitness Conferences Washington, DC and Houston, TX 2004, 2006, 2007, 2008, 2010 Presenter

NIRSA National Convention 2007, 2010 Master Instructor and Presenter

The George Washington University Washington, DC 2007, 2008 Master Instructor for Yoga Week

YogaFit Mind-Body-Fitness Conferences 2006, 2007, 2008, 2009 Teacher Training Presenter

NIRSA Facilities and Fitness Institute Portland, OR October 2007 Master Presenter

TSI Train Your Head New York City, NY June 2007 Presenter

Big 10 Athletics Conference at Purdue University, West Lafayette, IN May 2007 Presenter

ECA World Convention New York City, NY March 2007 and Ft. Lauderdale, FL 2013 Presenter

University of Maryland - Kickoff! College Park, MD September 2006 Master Instructor

**Jane Bahneman was ranked Top 10 speakers for content and style by industry peers five consecutive years in a row at the Athletic Business Conference.*

Please note that privately contracted events, presentations, workshops and programs are not listed.

Media and Publications

M & T Bank, National Commercial feature - small business thriving in the Pandemic (aired the 2020 Summer Olympics)

Association of Fitness Studios (AFS), featured studio 2015

ActiveLifeDC Contributing Content Expert, 2015

"Kick It Into High Gear" - *Idea Fitness Journal*, Ignite Column September 2013

Contributing Expert for *Shape Magazine* 2012-current

"Bring On The 'Bells" – *Idea Fitness Journal*, Ignite Column September 2012

"Walk Before You Run" Guest Fitness Expert, *The Balancing Act* on the LifeTime Network SME appearance May 2012

"Well Equipped: From Certified to Stellar!" – Healthy Learning DVD December 2011

Author of YogaFit's *Yoga for the Personal Trainer, The Manual* (2009); contributing author for *YogaStrength*, *YogaCore*, and *Anatomy and Alignment* (2005-2008)

Community Recognitions

Yoga Instructor at the White House, supporting Michelle Obama's "Let's Move" Campaign

DC Active Life Featured Female Entrepreneur

American Council on Exercise, Industry Advisory Council

Fitness Business Association, Advisory Panel

lululemon athletica Community Ambassador, DC Metro Area (two terms)

Athleta Community Ambassador, Tyson's Corner (no. 2 revenue generating location in the country) (two terms)